



Helsinki Cup

July 5-10th 2021



WELCOME TO HELSINKI CUP 2021!



The Helsinki Cup is always played on high-quality and well-kept pitches. The tournament has around 15 pitch areas around the city. Public transport from Helsinki city centre guarantees a quick and easy access to the venues.

Football has, and will always be, at the core of the tournament. As the tournament has grown, the organisers have invested in match-experiences while also putting a lot of effort in to various events so that now they can talk about a real Helsinki Cup experience.

In addition to the games, the tournament week includes the opening day parade, the Helsinki Cup Summer Party and the events at the Love the Ball Center.

Helsinki Cup has been organised since 1976 and the tournament has established its place as a significant part of summer in Helsinki. In 2021, they will celebrate the 46th edition of the tournament!

The basic ideology behind Helsinki Cup has remained the same throughout its history. First of all, Helsinki Cup is a tournament for both boys and girls, all are warmly welcome to Helsinki Cup! Secondly, Helsinki Cup is an international tournament and they have around 20 different nationalities participating in the tournament each year.

Helsinki Cup is a huge tournament with over 20 000 participants every year. There are around 100 fields being used during the week and they are spread all around Helsinki. The city comes alive during the tournament, which is held during the Finnish holiday season. All of the players together with their families and relatives guarantee great visibility for the tournament throughout the city.

Age groups

Boys U7, U8, U9, U10, U11, U12, U13, U14, U15, and U17.

Girls U7, U8, U9, U10, U11, U12, U13, U14, U15 and U18

Please note there are various 'level's within the age groups, see below for further details of this

Boys U7, U8 and U9

There are three different levels in these age categories, Elite, General and Entry

Teams play six matches against teams of same level.

No points or league tables are counted, and knock-out phase will not be played

All players will be awarded a medal for participation

Boys U10, U11, U12, U13, U14, U15 and U17

Other than Entry level (see below) there is a choice at all age groups between Elite and General.

Teams will be placed in groups of five or six for the group stage of the tournament

After the group stage, the teams will be divided into A, B and C finals groups

All of the finals groups will be played up to the final match

The four best teams from finals group A will be awarded medals

The winners of the A and B finals groups will be awarded a trophy

Winner of C final will be awarded a trophy plate

Boys U10, U11, U12, U13, U14, U15 and U17 - Entry level teams

All Entry-level series are played 8v8,

Teams will be placed in groups of five or six for the group stage of the tournament

After the group phase, teams will play a match on Thursday against a team that finished in the same position in a different group

No other finals are played



Girls U7, U8 and U9

There are three different levels in these age categories, Elite, General and Entry

Teams play six matches against teams of same level

No points or league tables are counted, and knock-out phase will not be played

All players will be awarded a medal for participation



AGE GROUPS G10–G18

There are three different levels in these age categories, Elite, General and Entry

Teams will be placed in groups of five for the group stage of the tournament

Teams will only play against other teams of the same level

After the group stage, the teams will be divided into A and B cup stages

B cup stage will be played up to the final match

The four best teams from final stage A will be awarded medals

The winners of the cup final B will be awarded a trophy

Only Elite -level final will be played on Saturday

Right to participate and over age players

Participating teams must belong to an association that is a member of FIFA.

School teams will be accepted as well as Club teams.

The applicable age limits of the Finnish FA and districts will apply. Teams can make a request to the tournament organisers for permission for over-aged players to take part.

Tournament package

- Accommodation and meals of your choice
- Helsinki Region Transport (HRT) travel cards
- Helsinki Cup guide services
- Your team's matches as close to accommodation as possible
- Invitation to all events during the tournament
- Various offers from the tournaments partners

Accommodation

The tournaments offers two levels of accommodation to teams, school stays and hotel stays...

School stays

School accommodation is available for players and team staff only. Most teams will be placed in classrooms with a maximum capacity of 18 people / room. Some exceptions are possible.

The school package includes 18 meals: 6 breakfasts (at the school), 6 lunches and 6 dinners (tournament restaurant)

Teams can also rent or buy mattresses and bed linen from tournament organisers

Hotel stays

Helsinki Cup offers quality hotel accommodations through its partners at Holiday Inn and Scandic hotels. All of the hotels are located close to downtown Helsinki and immediate vicinity of the playing fields

Accommodation is available in rooms for 1 to 4 guests, including amenities.

All of the hotel packages include a full Scandinavian buffet breakfast each morning (lunch and dinner are served at the tournament restaurant)

School accommodation from Sunday 4th July to Saturday 10th July



Please note there is very limited school accommodation so if this is your preference please contact us as soon as possible.

Air mattresses, pillows, blankets and bed sheets are available via the tournament organisers for rent or for purchase. You can bring your own mattresses, but due to fire regulations their max. allowable width is 80 cm.

Classrooms are for 18 persons. Some exceptions are possible

School accommodation is reserved for team players and management only.

Your team can reserve an entire classroom for accommodation

Three meals daily (starting with dinner on the 4th July until lunch on the 10th July)

Breakfast served at the school - Lunch and dinner served at the tournament restaurant

A HRT travel card valid for all public transport in the Helsinki region for the whole tournament week
Helsinki Cup guide services

There will be a Cup kiosk in each school

Hotel accommodation from Sunday 4th July to Saturday 10th July



Accommodation in quad, triple, double or single rooms including normal hotel service.
Three meals daily (starting with dinner on the 4th July and ending with lunch on the 10th July)
A wholesome breakfast each morning at the hotel. lunch and dinner will be served at the tournament restaurant
A HRT travel card valid for all public transport in the Helsinki region for the whole tournament week
Helsinki Cup guide services

Tournament meals

Teams, family members and everyone else travelling with the group can enjoy nutritious tournament meals included in the tournament package for the entire Helsinki Cup week.

- Breakfast is served the hotels/schools every morning
- Lunch and dinner are served at the tournament restaurant
- There is a vegetarian option every day
- Tournament meals are available from 4th July dinner time to 10th July lunch.

Tournament pitches



All Helsinki Cup games will be played on high quality football pitches.

The pitches will be natural grass or artificial turf. Dressing rooms, toilets and drinking water taps can be found from every tournament area. Most of the areas have a tournament cafeteria.

Helsinki Cup guides

Helsinki Cup guide services are available for teams that have booked the tournament package for the whole tournament week from arrival to departure.

The guides will meet you at the airport and bring you to your accommodation

The guides will assist you with getting from accommodation to the playing fields and they will also help with any questions that you might have regarding the tournament or Helsinki

The guides will be located at the hotels and schools from where they will assist you

The guides are the link between the participating teams and the Helsinki Cup organisation

Travel during the tournament



A Helsinki Region Transport (HRT) travel card is included in the Helsinki Cup tournament package. Teams can use the card for free transportation during the tournament week.

The card grants the carrier unrestricted use of public transport in the Helsinki area during the whole tournament week. This includes the local trams, buses, trains, metro and ferry to Unesco's World Heritage site Suomenlinna. All playing fields of the tournament are located within a convenient distance by public transport.

Teams can also book transportation from Helsinki-Vantaa airport.

Besides football

There is plenty for you to do and see when you are not playing...



Opening Ceremony

The Helsinki Cup opening ceremony is held on the first day of the tournament on July 5th. Over 40-years of tradition plays an important part in the opening ceremony, where tournament teams walk through the centre of Helsinki, announcing the tournament officially to the whole city.

The opening ceremony is a fun event where the teams compete with each other in their looks and loudness.

The Helsinki Cup Disco

Traditional disco – Summer Party – brings the juniors together to spend a night full of beats and tunes. The event features top performers and it will be held in the middle of the tournament week.

The party will be set on fire with Finland's new emerging hip hop sensations IBE and ETTA. The night is powered by Hartwall Jaffa.

- Time: Wed July 7th 6 pm – 9:30 pm
- Place: Allas Sea Pool (Katajanokanlaituri 2a, 00160 Helsinki)

Free admission with the Helsinki Cup wristband. Welcome!

Love The Ball Center

...is an oasis good vibes right in the middle of Helsinki Cup. The center offers a variety of entertainment and a great atmosphere throughout the tournament for players, their parents and other tournament goers.

Love the Ball Center located at the Käpylä Sports Park is a great place to relax, prepare for future matches, enjoy the cafe's refreshing beverages and snacks and explore the many exhibitions of our tournament partners. At the centre of the area is a stage with a variety of shows throughout the day.

In addition, Love the Ball Center offers first aid and tournament information. Recharge your batteries and enjoy the positive energy at Love the Ball Center!

Activities in Helsinki



Helsinki, the capital of Finland, is a compact and lively city that offers visitors an endless number of possibilities. The modern city has over half a million residents and is situated on the Baltic Sea.

In Helsinki, you can sense the sea everywhere, as the city has over a hundred kilometres of shoreline and around 300 islands in its archipelago. Maritime attractions are a must in the summertime. The majestic shoreline, archipelago, parks, forests...and much more.



don't forget with the HSL travel card, you can easily get all around the city.

Helsinki's locals are extremely open and hospitable, and most speak English fluently. Visiting Helsinki is always a pleasure. There are no great traffic jams, the public transport system is amazing and the locals are only too happy to help you make the most of your visit!



Being the capital of Finland, it should be no surprise that Helsinki has some great public saunas – both traditional neighbourhood saunas and brand new design saunas. There's no better way to get to the heart of the Finnish identity!

In addition to the tournament, you can get to know, for example, the bustle of the [Market Square](#), experience the summer days in [Esplanadi Park](#) and shop for souvenirs for your loved ones back home.

In your cultural tour of the city, you should at least include the [Ateneum Art Museum](#), the [Helsinki Cathedral](#) and a short ferry ride over to [Suomenlinna](#) which lets you flawlessly combine history with an enjoyable picnic lunch. You can visit places in the city like the [Hietaniemi beach](#), a popular young people's destination.



[Helsinki Zoo \(Korkeasaari\)](#) is home to 150 animal species and almost 1000 plant species that show the diversity of nature. It's also one of the few zoos located on an island. Helsinki Zoo the perfect place to visit due to its natural environment, animals and history. Even better, with the Helsinki Cup bracelet you are entitled to free entry!

Getting to Helsinki

The tournament organisers have access to incredible flight prices simply because of the number of teams that book every year with them. So we would suggest that you ask us to get a flight price from them firstly. If, however, you want to book your own flights you are more than welcome to do so.

Helsinki has its own International airport and the following airlines fly there from the UK and Ireland.

[Finnair](#) from Dublin, Edinburgh, London-Heathrow and Manchester.

[Norwegian Air](#) from London-Gatwick.

It's also possible to fly into **Tallinn airport**, in Estonia, then catch the ferry to Helsinki which we can arrange.

Tallinn is the Capital and largest city of Estonia, situated on the northern coast of the country on the shore of the Gulf of Finland; It is also the oldest Capital city in Northern Europe.

The ferry port is less than 4 miles from the airport. There are plenty of crossings available each day. The journey takes around 2 hours. Getting to Helsinki this way quite often works out cheaper.

Here are the airlines that fly there:

[airBaltic](#) from London-Gatwick

[easyJet](#) from London-Gatwick.

[Ryanair](#) from Dublin, Edinburgh and London-Stansted.

